

## Skin Care Haven Based on Science



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**ONLY IN VICTORIA** can you relax in an English cottage garden while your physician prepares your treatment. Cranesbill geranium, peonies, lavender, and roses provide colour and fragrance in the very private haven of Acacia Dermacare.

"Patients have told me they don't like to visit storefront offices for skin and anti-aging treatments," Dr. Lance Setterfield explains. "So I decided to open my practice here." He gestures at the almost-hidden green-shingled house on Lochside Drive above Cordova Bay.

After photodamage from the African sun during his youth led to a bout of skin cancer, Dr. Setterfield developed his interest in dermatology, anti-aging, and cancer treatments. And that led him to combine his cultural background, his medical expertise, and a beautiful Saanich retreat to create Acacia.

"I wanted a name that matches the African theme in my office and the acacia tree is a common sight on the African plains," he explains. "And it has properties that are used in anti-aging creams."

Dr. Setterfield's goal at Acacia is to help his patients attain more youthful, healthy skin. He offers a new range of science-based creams developed by a plastic surgeon in South Africa; Environ Skin care utilizes highest-grade vitamins, antioxidants, colostrum, and growth factors. A patented sonar and electrical current system delivers the active ingredients right through the skin to stimulate new collagen growth.

"According to the literature, it's about a 1000 times more effective than simply applying creams to the surface," Dr. Setterfield says. "The higher the levels of vitamins A and C that can penetrate to the lower layers of the skin, the better they work."

The treatment can restore skin tightness in the early stages of aging, speed up the reduction of pigmented marks, smooth fine lines and reduce dilated blood vessels. He has also developed expertise with Botox injections for frown and laugh lines, and Juvederm, Restylane and Perlane injections to correct facial lines and wrinkles and to enhance lips.

But Dr. Setterfield goes beyond aesthetics. He has successfully used Botox to treat migraine headaches, temporomandibular joint disorder (TMJ), neck and back pain, and excessive sweating.

"I'm excited about the potential of Botox," he says. "Twenty years ago I suffered a severe back injury. I've also suffered from TMJ and receiving Botox treatments for both has made a huge difference."

He points out that sailors, golfers, and other athletes can benefit from reducing the pain of old injuries, thus enabling them to maintain a healthy, active lifestyle. Environ offers sunscreens to prevent skin damage and preserve youthful looks.

"I enjoy talking to people and getting to know them," Dr. Setterfield says. "Having my office in this quiet spot lets my patients relax. We can take our time."

For a complementary initial consultation in a private hideaway minutes from downtown Victoria, call Dr. Lance Setterfield at Acacia Dermacare.

**Acacia Dermacare**  
Uniquely flexible hours, uniquely  
beautiful place.  
381-SKIN • (381-7546)

**Open House - May 12th**